



Hearing loss should be addressed as quickly as possible

By Susie Fetter and Mary Ellen McMillin

Broadmead’s visiting audiologist, Rory Cernik, Au.D., said that while most people over the age of 65 have some degree of hearing loss, such loss is not inevitable. Speaking at the March Health Care Lecture to an audience, half of which wore hearing aids, Cernik noted that the consequences of hearing loss include social isolation, depression, and impaired cognition and independence, all of which can contribute to dementia. Examination by age 50 can lead to prompt treatment to minimize these consequences.

Most hearing loss is in the higher sound frequencies, which include letters like K, S, and F, which are critical to comprehending speech. Many people report that they can hear others talking, but cannot understand them. Background noise intensifies the problem. Custom hearing aids amplify the pitch range in which an individual has loss. Over-the-counter devices generally increase volume without regard to pitch. Adjusting to new hearing aids commonly requires several weeks as the ear and brain acclimate. Follow-up appointments allow for fine-tuning to suit a user’s lifestyle. Devices need daily attention for batteries and safe storage at night. Cleaning and wax removal should be done periodically in an audiology office.

(cont. page 2)

The masthead photo by Erroll Hay shows buds on red maple by Cluster A.

May Health Care Updates

By Bob Heaton

Infection control: Health Services Administrator Ann Patterson commends and thanks the Broadmead community—residents, staff, and visitors—for cooperating so fully with the infection control measures that have been in place since the onset of flu season last fall. She says that the proof of the effectiveness of these measures has been the relatively low incidence of flu cases.

Ann said she had hoped to restore the Arbor Café to normal operations (regular utensils and open salad bar) by April 15, but a couple of very late flu cases compelled the deferral of that date to May 1.

Fireside Chat announcements from Ann Patterson: A new Director of Nursing is due to begin on April 30. Pushpa Nallabotula, RN, BSN, has 21 years of care experience, with 10 years in infection control. She goes by her first name, and Ann reports that she is “calming, self-assured, and gentle.”

Ann says two residents will join the infection control committee before the next flu season.

Within the next year, all Medicare subscribers will receive new ID cards. The intent is to make identity theft more difficult by limiting the exposure of individuals’

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Hearing loss *(from page 1)*

To improve communication, hearing aid users should ask others to speak slowly and rephrase when necessary. Awkward misunderstandings can be avoided in this way. People who hear normally usually do not appreciate the handicap of hearing loss.

Audiologists can explain external devices and other measures to combat severe hearing loss. When hearing loss is very severe and cannot be addressed by hearing aids, cochlear implants may help. Audiologists also treat such conditions as tinnitus (ringing in the ears), and balance-impairing vertigo.

BRA Trips Committee

Cézanne Portraits

National Gallery of Art

Tuesday, June 12

Bus departs: 9 a.m. Lower Level

Return by approx. 3:30 p.m.

Walters Art Museum

One West Mt. Vernon Place

Formerly Hackerman House

Newly restored

Date TBA

Please check the Trips Bulletin Board
behind the reception desk for
information and sign-up sheets.

From the Co-Editors About Letters to the Editors

In our Letter from the Co-Editors in the January 2018 issue of *The Voice*, we stated that “The Voice Editorial Board is open to suggestions for articles and announcements, especially where we might cover certain aspects of Broadmead community life more fully.” The concluding paragraph read: “Get in touch with any of the Voice staff with suggestions. You can send us a letter to the editors....”

At this point, we would like to be more specific:

- A letter to the editors should be limited to 300 words.
- The letter should cover a topic relevant to the community.
- In our decision to publish the letter, we reserve the right to edit for length.
- Letters should be sent by email to voiceBRA@gmail.com.

For reasons of space, not all letters can be published. We remain aware that there are multiple ways in which communication takes place within our community, with the Voice of the Residents being just one channel for keeping in touch.

Bob and Susie Fetter

**The next issue of
The Voice, the Summer issue,
will appear in mid-June**

Open Forum

Criminal Justice Reform in Maryland

Robert J. Rhudy

Attorney at Law

Pres., Senior Mediation & Decision-Making Inc.

Friday, May 11

7 p.m. Auditorium

The Opioid Crisis in Maryland

Dan Morhaim, M.D.

Delegate, District 11

(Baltimore County)

Thursday, May 17

7 p.m. Auditorium

Candidates Night expected to draw 22 hopefuls

By Ed Hirschmann

Local politicians will address an audience of Broadmead voters and guests on May 31, when the local MaCCRA chapter presents its “Candidates’ Night.”

Twenty-two candidates running in the primaries for Baltimore County Executive, County Council (local district), State Senate District 42, and House of Delegates District 42B have accepted the opportunity to speak briefly and then meet with interested voters, according to arrangements made by the local chapter, which is headed by Denise Love, president.

Familiar names who have already accepted MaCCRA’s invitation are Jim Brochin, currently a state senator, now a Democratic candidate for County Executive; Delegate Chris West, a Republican candidate for State Senate in the 42nd district; and Wade Kach, incumbent county councilman, who seeks the nomination in the Republican primary.

Further information will emerge from the annual MaCCRA meeting, set for May 16 at 7 p.m. This meeting is also expected to include a report from Delegate West on the annual session of the General Assembly in Annapolis. But **volunteer help is needed for Candidates’ Night**. Plans call for the candidates to be met individually and escorted to designated places. Other residents will be needed to handle decorations, refreshments, etc. One needn’t be a chapter member to volunteer.

Trail Day

Friday, May 25 • 9 a.m. - 1 p.m.

Broadmead Residents Association Annual Meeting

Auditorium/Lounge
Monday, June 4, 7 p.m.

Hillside Homes deposits; Master Plan; new entrance; keys

By Jackie Mintz

Pre-sale deposits: John Howl began a recent Fireside Chat by announcing that Broadmead had received 36 pre-sale deposits for the new Hillside Homes, thereby achieving 70 percent of what they had hoped to reach by the end of October. Remarkably, that target was reached in 34 days. Marketing Vice President Kristy Krueger then announced that as of that morning, there were 40 pre-sale deposits, and only about 10 units remain unspoken for. Kristy urged residents to tell their friends who were interested in Broadmead.

Master Plan: Key steps remaining before construction, John explained, were to:

- Obtain permanent financing, probably through a combination of long-term bonds and some bank financing.
- Obtain final pricing from the contractor, perhaps by this May or June.
- Acquire final State and local permits.

At this stage, it is anticipated that construction will begin in November or December 2018.

Relocation of main entrance: John reminded the audience that this was not part of the Master Plan, but rather a capital project. Construction should begin by late September or early October. In response to a resident’s question about the status of negotiations for the properties across York Road, John reported that one property was under contract and negotiations for the second were near completion.

Keys: In response to a question, Chief Operating Officer Robin Somers explained that the key system will not be replaced in toto. Complete replacement, which would have cost \$1,300 a door, was considered too costly. Instead, computerized keys can be replaced by manual keys for any resident who so desires.

CareMerge: Andy Switzer reported that staff training on CareMerge was ongoing and that the roll-out for resident training in the use of the calendar features would take place in May (See page 4 for schedule).

New residency counselor has arrived just in time

By Bob Heaton

At the April Fireside Chat, Marketing Director Kristy Krueger introduced Kristin Myers, a new residency counselor. Kristin joined the staff in late February, just in time for the flood of Hillside Homes deposit collections. Kristin's prior experience arranging resident accommodations in a continuing care facility enabled her to hit the ground running and contribute to Marketing's very successful campaign for apartment signups. She has also been a social worker for skilled nursing and home care operations.

Kristin lives in New Freedom, PA, with a son and two daughters, all in elementary school. She enjoys traveling and visiting historic sites. She was delighted to find the staff and residents of Broadmead so welcoming, and she is amazed at the high level of participation by residents.

When she told her family about her new position, her father reminded her that he was part of the team that excavated Broadmead's campus in the late 1970s. Survivors of the displaced farm included roaming chickens, one of which he brought home to be a valued family pet.



Annual MaCCRA Chapter meeting

By Alma Smith

The annual meeting of the Broadmead MaCCRA Chapter will be held on May 16 at 7 p.m. in the auditorium. After a short business meeting, Delegate Chris West will report on the 2018 General Assembly session regarding the issues that affect older adults throughout Maryland.

All Broadmead residents are invited to attend. This is a time for new residents to learn about MaCCRA, the legislative organization dedicated to protecting and advancing the interests of residents of continuing care communities in Maryland. MaCCRA continues to shape and enhance the body of law and regulation governing CCRCs. New residents can sign up to become a MaCCRA member at the meeting. The dues are \$20 per individual and \$30 per couple for 2018-2019.

May Exhibits

**East Hall and
Lower Level Gallery**
Photography Club

Display Case
A Day at the Beach

Atrium

Off the Rack to One of a Kind

CareMerge Training

Auditorium

Wednesday, May 16, 2 p.m.

Thursday, May 17, 10 a.m.

Wednesday, May 23, 2 p.m.

Friday, May 25, 2 p.m.

Wednesday, May 30, 10:30 a.m.

Thursday, May 31, 2 p.m.

Broadmead Playreaders *Suppressed Desires*

By Susan Glaspell

Wednesday, May 9
7 p.m. Auditorium

Hrabowski extols UMBC's inclusive academics and athletics

By Gwen Marable

Dr. Freeman Hrabowski, president of the University of Maryland Baltimore County for the past 26 years, was greeted by enthusiastic applause, partly in recognition of his team's recent record-shattering upset of University of Virginia in the NCAA Basketball Tournament. His topic at the BRA Open Forum series in March was "Reflections on Diversity and Inclusion."

Hrabowski told of growing up in Alabama during the era of the Civil Rights Movement, the son of two African American college graduates. He was 12 years old when he was jailed for his participation in a demonstration. His mother, who was an English teacher, always said to him, "Get the knowledge." And he did, receiving his Ph.D. from the University of Illinois. His quest continues even today—he is learning French.



Peppering his talk with statistics regarding the college graduation rate of minorities, Hrabowski pointed out that high-achieving students from immigrant families come to college with a "hunger for knowledge." The Meyerhoff Scholars program he initiated to recruit minorities into science and math has been so successful that Hrabowski serves on boards nationally and is a prominent spokesperson for higher education.

Asked how to achieve diversity and inclusion, he responded, "Just do it!" He actively recruits minorities for UMBC's faculty and staff and encourages undereducated employees to return to school. To come up with creative solutions, he urges getting to know others by listening to their life stories and creating safe spaces for people to speak openly. He advises students to take on internships every summer to learn about the real world.

Hrabowski charged Broadmead residents to reach out into the community to help children learn to read, so they too can "get the knowledge."

Friends Circle provides an alternative to Taylor residency

By Sue Baker and Bob Heaton

Residents who have been declared eligible for assisted living but have decided, for now, to remain in their cluster homes can avail themselves of the services provided by Friends Circle. Eligibility for a Taylor Hall suite is determined by Broadmead's Care Management Team, as has been described in several previous Voice stories.

The Friends Circle Program employs certified medical technicians who are licensed by the Maryland Department of Health Care Quality to provide in-home care, including the management of medications. Any resident may request their services.

Some of these services have been dubbed "Rise and Tuck," wherein a technician will visit a resident for an hour in the morning and another hour in the evening to help with dressing, toileting, medications, food preparation, and mobility needs.

When the Care Management Team learns through a friend, family member, alert staff person, or a resident himself or herself that a resident might need supplemental care, an assessment of the needs of that resident is made by a registered nurse, either Chris Fox or Marisa Shaff. The primary goal of the assessment is to ensure the safety of the resident or others in the resident's sphere. If the needs rise to the level of eligibility for admission to Taylor, the resident is offered space if it is available. Currently, five spaces are available.

When the resident remains in his or her garden home, the assessing nurse confers with Friends Circle to determine which services are needed to preserve the resident's comfort, health, and safety. The amount of time allocated to a resident depends on the nature of the services needed. If no space is available on Taylor, Broadmead covers the expense. If space is available, but the resident declines to move, the resident pays the charges.

Any resident can purchase any of Friends Circle's many services. Friends Circle's time is billed by the hour at a lower rate than residents pay for supplemental housekeeping services, and much lower than off-campus home care providers, who generally have a three-hour minimum.

Swarthmore students present chamber music concert

By Elborg Forster

They were so young, so focused, and so accomplished. These are qualities that never fail to touch an older audience like the one that filled the Broadmead auditorium on a recent Sunday afternoon. Remarkably, all the members of the quartet—Jasmine Sun, class of '18, violin; Ayaka Yorihiro, '20, viola; Noah Rosenberg, '18, cello; and Joshua Mundinger, '18, piano—are science majors at Swarthmore College. The college's Chamber Music Program is supported by the endowment of the Elizabeth Pollard Fetter String Quartet Scholarships, honoring Elizabeth Pollard Fetter, class of 1925, the late mother of Broadmead resident Bob Fetter.



From left: Jasmine Sun, violin; Joshua Mundinger, piano; Noah Rosenberg, cello; Ayaka Yorihiro, viola

The program consisted of two substantial piano quartets —Robert Schumann's Quartet in Eb Major, Op. 47, and Gabriel Fauré's Quartet No. 1 in C minor, Op. 15. It was a good choice because the Schumann piece was somewhat subdued, and so the bright tonality in much of the Fauré stood out all the more. The selections also illustrated the development of European music from the Romanticism of the mid-nineteenth century to the modern era of the early twentieth.

Please contribute to the Spring Employee Appreciation Fund!

Show your appreciation for what the staff does, day in and day out!

Passover celebration begins with the Seder

By Sidney Levy

On April 5, for the eighth consecutive year, Broadmead's Passover celebration was led by Reva Freedman, daughter of Hallowell resident Eli Freedman. Some years ago Eli told Reva he was "tired of driving to the synagogue."

A ritual meal, the Seder begins the



Riva Freedman leading the Seder.

celebration and is traditionally held before sundown on the first day of Passover. This year, 65 Broadmead residents sat around 10 tables to partake of prescribed foods presented on Seder plates. The foods offered included matzo, boiled egg, bitter herbs, salt water, horseradish, chopped chicken liver, and charoset, a relish

of apples, pears, and nuts. Each table had a bottle of traditional grape wine as well as white wine. Attendance this year was considerably more than the 40 or so who participated last year.

The Seder and Passover, which date from 1528 B.C.E., commemorate the escape of the Israelites from 400 years of Egyptian slavery. The Haggadah (the order of service) tells the Biblical story of how after the pharaoh denied Moses' plea for freedom nine times, God brought 10 plagues upon the Egyptians. The last of these was the death of the firstborn in every household. God told Moses to mark Jewish doorways with blood from a year-old lamb, thereby indicating which homes should be "passed over" when the plague was inflicted.

The Israelites, given little time to flee, hurriedly packed their belongings, taking with them what little food they had. Bread dough, already made, would not have time to rise, so they took this flat dough with them, which when baked became matzo.

Creative Scene

By Jane Elkinton

A cool spring has us dreaming of summer sun. The Display Case responds to that reverie with the exhibit "A Day at the Beach" and resident loans of seaside-themed items.

In the East Hall, the Photography Club has mounted its Third Annual Spring Show of residents' pictures.



The Atrium presents another show focusing on resident talent, with "Off the Rack to One of a Kind" clothing decorated by Pat Campbell.

Pat has

a genius for transforming store-bought garments into distinctive designs. She works intuitively, without preliminary drawings, melding her patterns in beads and fibers onto the monochrome canvas of an outfit, giving it a unique artistic voice.

Growing up in Germany, Pat wanted to study art in college, but her mother disapproved so she majored in languages. At age 25 she came to the United States and after marrying, raising a family, and having a professional career, she finally studied art at Towson University, where she earned a degree in studio art and art history. Dorothy Fix was an important mentor, encouraging Pat's eye for textiles and design. Pat continues to follow her muse and in addition designs wall hangings and quilts.



Top: Pat Campbell with two of her creations.

Bottom: Resident artists Carolyn Murphy and Beth Zimmerman in front of Beth's watercolors at the East Hall exhibit in April.

Broadmead bees: dark winter, but bright future

By Cliff York

As winter set in, Broadmead's four beehives were all in good shape. But when checked again in March, although they all had honey, the bees in three of the hives were dead, and those in the fourth were very weak. Many other area apiaries have reported the same mysterious phenomenon.



One positive aspect of this bleak picture is that it coincides with the need to relocate the hives to clear the way for Master Plan construction. The Apiary Committee, consisting of Cliff York, Michael Kelly, and Ray Lund, decided to move the hives before accepting delivery of replacement bees in April. Because the new bees do not have to be moved after arrival, they will have time to become established and produce ample honey for the fall Barn Sale.

Working with Grounds Manager Linnette Kanitz and Director of Capital Planning George Pattee, the committee chose a flat, sunny spot just uphill from the old site, which will be quite visible to passersby.



Top: Cliff York, Ray Lund, and Michael Kelly preparing a hive for the move.

Sidney Levy explains sustainability at Saturday Social

By Bob Heaton

Speaking in mid-April at the final men's social gathering of the season, resident Sidney Levy summarized the history of the sustainability movement and how it relates to Broadmead's future.

Beginning in about 1969, the environment and its future became a matter of national concern in the United States. In late 1970, the Environmental Protection Agency was established, primarily to oversee air and water quality.

Growing environmental awareness prompted three business leaders to establish the Green Building Council (GBC) in 1993. This non-profit, non-governmental organization of volunteers worked to establish standards for development projects to minimize adverse effects on the environment, Sidney said.

In 2000, GBC launched the LEED (Leadership in Energy and Environmental Design) system of rating construction components and methods, in which points are assigned for various levels of compliance with what the Council considers optimal. The aggregation of points determines the level of certification awarded by the GBC: green, silver, gold, and platinum.

Sidney noted that certified projects are almost automatically more efficient to operate and maintain, thus enhancing long-range economic value. Answering a question, Sidney said that 15 years ago, the initial cost of a certified project was probably 10 or 15 percent higher than average, but since then more "green" materials have become available, and the costs are close to average.

Several audience members asked what this means for Broadmead. In response, Errol Hay and Bernie Anderson, citing their committee experience, said that Broadmead's Master Plan has always contemplated a silver LEED certification. Joyce Malone heads the Sustainability Committee, which is keeping tabs on the Master Plan's progress to ensure such certification.

Conservation Tips: Conserving water

By Sidney Levy

Now that spring has arrived and thoughts turn to gardens, water conservation measures take on a different perspective.

After the outside water has been turned on at the front and rear faucets, any leaks should be reported to Maintenance. Gardens should be watered responsibly, deeply, and thoroughly. Weeds, which steal water from desirable plants, should be pulled. Soil surfaces should be mulched to retard evaporation.

Warmer weather encourages walks and outside exercise. People who carry water for such activities should consider using a refillable water bottle rather than buying packs of bottled water. Broadmead has high-quality water, and the plastic bottles often end up in landfills or the Chesapeake Bay. The Great Pacific Garbage Patch reportedly contains 87,000 tons of plastic. That's 175,000,000 pounds. The Chesapeake Bay does not need a fate like that.

BRA Health Care Lecture **Medical Cannabis**

W. Anthony Riley, M.D.

Medical Director, Gilchrist Hospice

Tuesday, May 15 • 10:30 a.m. Auditorium

BRA Concert Series

**Solomon
Eichner**

Piano

Sunday, May 27

3:30 p.m.

Auditorium/Lounge

**Seth Kibel
Jazz Trio**

Sunday, June 24

3:30 p.m.

Auditorium/Lounge

First Monday Book Group

10:30 a.m. Auditorium

May 7

Beartown

By Fredrik Backman

June 4

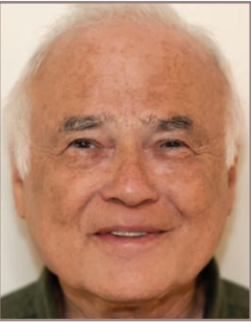
***To Capture What
We Cannot Keep***

By Beatrice Colin

Broadmead welcomes

Jerry Winkelstein | Q-2 | March 2018
443-578-8399 | jwinkels@jhmi.edu

Raised and educated in Syracuse, Jerry Winkelstein moved to New York City for his medical training at Albert Einstein College of Medicine. After medical school, he interned and did a residency in pediatrics at Johns Hopkins Hospital.



In 1968, for alternative service during the Vietnam war, Jerry took an assignment in Bethel, Alaska, with the Indian Health Service. During his two years there, he delivered

150 babies, battled a high infant mortality rate, and encountered diseases seldom seen in the lower 48 states, such as typhoid and tuberculosis. He was the first pediatrician to visit the remote community of 1,000 Yup'ik, 800 miles from Anchorage. Its only access was via a thrice-weekly twin engine prop plane.

After Jerry's first year in Bethel, the minus 40-degree temperatures and loneliness were alleviated somewhat when he married Marilyn Link, whom he had met at Hopkins. Together, they found their stay to be a very enlightening cultural and medical experience.

In 1970, Jerry and Marilyn returned to Baltimore, where Jerry joined the Hopkins faculty, ultimately being promoted to professor, with joint appointments in pediatrics, medicine, pathology, and infectious diseases/immunology. His specialty was treating children and adults with deficient immune systems. Most of his work was conducted in the lab, where he studied the way the immune system protects people from infection.

After retiring in 2005, Jerry developed other interests. He works in watercolors, taking lessons from Fritz Briggs at the Schuler School. He also carves birds and does woodworking, making small furniture pieces. Jerry learned how to read for pleasure and he gardens. He spent more than three years building a stone wall at his home in Maine.

Jerry and Marilyn like to travel and at the time of this interview were about to leave for a 10-day trip to Spain.

By Jackie Mintz

Marilyn L. Winkelstein | Q-2 | March 2018
443-578-8399 | mwinkelstein@gmail.com

Marilyn Winkelstein's career covers the whole gamut of the nursing profession. In 1963, armed with a diploma in nursing from the Johns Hopkins School of Nursing, Marilyn Link began work as head nurse at Hopkins Children's Hospital. From there she went to Boston to work at Boston Children's Hospital, while simultaneously pursuing her studies for a bachelor's degree.

These studies were interrupted by marriage to Jerry Winkelstein, which took her to Alaska, where Jerry was serving in the Indian Health Service. Marilyn worked as the only nurse in a prematernal home for young women.

Upon returning to Baltimore, Marilyn resumed her studies and obtained a B.S. degree in 1971. Three years later, she obtained an M.S.N. degree in maternal and child health. From 1980 to 1998, Marilyn taught at the University of Maryland School of Nursing. While teaching and raising her family, she also obtained a doctorate in nursing. Life was so busy during those days that the family celebrated her degree with a lunch at Wendy's. Marilyn then taught at the Hopkins School of Nursing from 1998 to 2005.

Since retirement, Marilyn has volunteered at the Caroline Center in Baltimore, run by the School Sisters of Notre Dame, which provides education in basic nursing skills to single mothers. The students, 80 percent of whom are employed, get a certificate that enables them to find jobs as health aides and certified nursing assistants.

Marilyn is also a member of a book club in Baltimore and plans to join the book club at Broadmead. She also takes mat yoga class. After the summer, which the Winkelsteins spend in Maine every year, she will consider other activities. The Winkelsteins have two daughters, Beth in Philadelphia, and Amy in Baltimore. Amy has two children, who also live in Baltimore.



By Jackie Mintz

May Health Care *(from page 1)*

Social Security numbers, which are currently used on Medicare cards. This process will take place automatically, requiring no action by residents.

Friends Circle has received approval from the Maryland Office of Health Care Quality to perform medication administration on and off the Broadmead campus. Friends Circle can manage the renewal, refilling, and administration of all prescribed medications if that service is needed or desired.

OPD news: Dr. Charles has added Monday afternoons to his schedule. He will see cluster residents between 1 and 3 p.m. and make managed care rounds from 3 to 5 p.m.

Ann Patterson says that residents are responsible for making appointments for annual checkups with their selected provider. As a reminder, notices will soon be sent to everyone saying they need to take action if they want to be seen.

If a resident has an off-campus procedure, especially one that requires rehabilitation, Heather Heiler should be made aware of the situation. In that way, OPD can make a post-procedure follow-up call and also help schedule rehab sessions.

The “popemobile” is now equipped with a full-service medical bag. Two such bags will be used around the campus for medical emergencies.

Update on transportation from a hospital: When a resident needs help arranging transportation back to Broadmead from a hospital, Director of Community Services George Pattee advises residents to use the following procedure: Phone the main number (410-527-1900) to request assistance. The responder will try to arrange service in the following order of providers:

1. Broadmead drivers
2. Third-party-contracted medical transportation service, MedCare
3. Friends Circle
4. Cab service (typically Jimmy’s Cab).

On nights and weekends, only options 2 and 4 will usually be available. George says that for residents with “old” Type A contracts, these services are generally covered. For residents with “new” contracts, they are billable services.

Sew and So service struggling to survive

By Jackie Mintz

One of the BRA’s iconic programs, Sew and So, may have to be “laid down,” in Quaker parlance, unless more volunteers come forward.

Ann Heaton, incoming BRA president, has been obliged to give up her leadership of Sew and So just at the time that others are also leaving the activity. Regular hours have been 10–12 on Tuesday with two volunteers, and 10–12 on Wednesday with four.

The volume of work, such as hemming pants and letting out waists, has swamped the staff to the point that no new work was accepted in April. Moreover, with some volunteers leaving, hours have been reduced to Wednesday only.

Sew and So has been a source of BRA revenue for many years as well as providing a much-needed service to residents. Ann says that a shutdown would be regrettable not only for those reasons, but also because “we have such a good time working together.” She is seeking volunteers, and also new leadership, to keep the enterprise going. Interested residents who have sewing experience can phone Ann at 410-666-0833.

InSight - Low Vision *Clear Views on Better Vision*

Thursday, May 3 • 3 p.m. Auditorium

HearHere Committee *Hearing Aid Technology for Today*

Cynthia Fannon, Au.D.

Ear, Nose & Throat Associates

Monday, May 21 • 3 p.m. Auditorium

MaCCRA Annual Meeting

Wednesday, May 16 • 7 p.m.
Auditorium

Residents hear encouraging news about Latin American nations

By Ed Hirschmann

The historically rickety republics of Latin America received a generally passing grade from an experienced observer, Professor Ronn Pineo, chair of the History Department at Towson University. At a Broadmead talk sponsored by Open Forum in March, Pineo said that the era of military takeovers and bloody purges seems to have subsided, and local leaders are focusing on



building their economies.

Reporting on his extensive tour of South America last year, Pineo said that the one nation that alarmed him was Venezuela, where the sharp drop in international oil prices is pointing toward a shortage of resources and consumer goods. There have been reports of looting.

On the other hand, Pineo lauded Ecuador, where he has done substantial past research, and which he now finds to be “the cleanest” of the nations.

The United States has paid little recent attention to Latin America, but that doesn’t seem to bother these countries, Pineo said. Some of them have developed helpful trade relations with China, and they import many Chinese manufactured goods.

Broadmead Writers Group Annual Readings by Members

Thursday, May 10 • 7 p.m.
Auditorium

Meetings on Fridays at 4 p.m.
Lower Level Fireplace Room
Often followed by dinner
New members welcome

Generations Unite Day — a hit for all ages

By Bob Fetter

On Good Friday, Broadmead’s Lifestyle Department hosted its second all-day “Generations Unite Day.” The older people were the residents of Hallowell and Taylor Halls. The younger folks were 13 staff children aged six months to 19 years.

The children started the day by creating 70 Easter baskets, which they filled with candy, tissues, pencils, and more, to be delivered to the residents of Hallowell and Taylor Halls on Easter morning.

Next, the residents and children came together to participate in a morning exercise program and to share their lives and stories. Lunch was held in the Hallowell dining room, and some of the children sat and conversed with residents. Following lunch, the children visited the Lower Level amenities of the ping



pong and pool tables, and played trivia games on the It’s Never 2 Late (IN2L) computer.

They then rejoined the elders for a music event with Norm Hogeland. Finally, residents Laura Waschler (see photo) and Elaine McDonald facilitated a two-team

treasure hunt on Hallowell Hall.

Two comments by participants summed up the excitement, energy, and fellowship of this event. A resident observed, “The kids keep us young. I love to see them smiling, and all that energy gives me such happiness.” And a 14-year-old visitor volunteered, “The residents have such wisdom and such stories to tell. I could just listen to them all day. When are we going to get to do this again?”

Candidates Night

Sponsored by BRA and MaCCRA

Auditorium/Lounge
Thursday, May 31, 7 p.m.

Bodil Ottesen talks about the Barnes collection

By Angela Breakey

Appearing at an April Adventures in Learning session, Bodil Ottesen, adjunct professor of art history at Maryland Institute College of Art, spoke about noted art collector Dr. Albert C. Barnes and showed some of the 900 works he owned and their visual relationships.

Born in 1872, Barnes went to the University of Pennsylvania Medical School. He studied chemistry, excelled in athletics, and developed a deep interest in the arts. Traveling widely in Europe he visited artists' studios and museums.

Barnes moved to the University of Heidelberg, where he developed Argyrol—a medicine incorporating a silver solution for the eyes to prevent blindness in babies born to mothers with syphilis. He began manufacturing Argyrol in Philadelphia, which made him a very wealthy man. He collected Impressionist, Post Impressionist, and early American paintings, and created the Barnes Foundation in 1922. He devoted himself and the foundation to educating his workers, art students, and teachers. The public was only occasionally invited.

In 1925, Barnes purchased property in the Philadelphia suburb of Lower Merion, where he built a handsome home for his new wife. In a specially designed gallery on the grounds, he housed his growing collections of paintings, African artifacts, and exquisite metalwork.

In addition to works by Renoir, Monet, Cézanne, and Picasso, he collected previously ignored art by African Americans. His home was a mecca for artists and thinkers. In 1932, Matisse painted a triptych, "The Dance II," for an arched area over Palladian windows.

After Barnes' death in 1951, his will required the Foundation to keep the museum in place permanently. But in 2012, because the building housing the collection had deteriorated badly and to make the art works more accessible, the collection was relocated to Philadelphia, where each object retained precisely its former position in the display.



Lost friends to be honored in remembrance ceremony

By Bob Heaton

On Friday, May 11, at 1:30 p.m., residents and staff are invited to gather in the auditorium to remember Broadmead friends who passed away between June 2017 and February of this year.

As the names of the departed are read, participants are invited to bring a rose to the front and, if moved to do so, offer a recollection of or anecdote about the named person. This year, 33 residents will be remembered. Last year, the ceremony honored 28 residents and 2 employees.

New Arrivals

Carole Weiner H-2

Eben and Paula Bray K-2

Judy Sweeney J-14

Maggie Babb K-13

In Memoriam

Sonia D. Blumenthal

November 14, 1922 - March 26, 2018

George Brownell

May 20, 1923 - April 4, 2018

Moving Around Broadmead

	<i>From</i>	<i>To</i>
Marguerite Tuttle	A-5	T-306
Sally Boone	M-6	HH-262

Jennifer Goforth says she raises funds gently

By Bob Heaton

Speaking at the March session of The Exchange, Vice President for Advancement and Communications Jennifer Goforth said that she is not an “arm-twisting” type of fundraiser. She was answering a question from



the audience about how residents can be expected, or even merely encouraged, to donate to Broadmead on top of their hefty monthly payments.

Jennifer said the administration realizes that most residents arrive at Broadmead with long-term

philanthropic interests already established and budgeted. Nevertheless, she said, some may wish to support special Broadmead funds, such as the BRAF, which assists residents whose funds have run out, or the Bruck Fund for campus beautification.

She further said that fundraising efforts are in the offing for the Centers of Excellence under the Master Plan, and it is hoped that off-campus donors who want to nourish the goals of those centers can be identified.

Such donors might include foundations or family members of former residents who appreciate the care their loved one received. Jennifer noted that family members of current residents will not be solicited unless a resident suggests such outreach.

Jennifer also recounted her career history with Hopkins Geriatric Medicine and the Seattle Symphony, and spoke of her home life in Severna Park with her 9- and 12-year-old daughters. The family's current challenge resulted from the acquisition of a pair of lovable two-year-old dogs who were erroneously advertised as being housebroken.

Let's Sing

Mondays: May 7, June 18, July 16
7 p.m. Lounge

New HR manager enthusiastic and experienced

By Jackie Mintz

Cathy Xanthakos joins the Broadmead HR department as Senior Human Resources Manager with an impressive wealth of experience in the field. She has worked for health care companies, law firms, and manufacturers.

A Baltimore native, her family strongly “encouraged” her to take over the family's Maria's Take Out on York Road in Timonium. A couple of tours of duty there simplified her decision to pursue a human resources administration career instead.

Brimming with palpable enthusiasm for her new position, Cathy says this is the best job she's ever had. As she explains, she had had the experience of caring for her mother, who was ill for years. When she came to Broadmead for her job interview, many of the residents she saw reminded her of her mother, and she decided that if she got the job, she wanted to make sure Broadmead hired the best people to take care of the residents.



At this stage, Cathy is engaged primarily with recruitment and new employee orientation. As she makes progress on the recruitment situation, she will be able to turn her attention to other areas, such as employee benefits, in which she has extensive experience.

Ceramics

Thursdays • 1 - 3 p.m.

Lower Level Ceramics Studio

Know Your Neighbors

Wear Name Tags

First three days of the month

Religion at Broadmead

Friends Meeting for Worship

Sundays, 11 a.m.

Stony Run Board Room

Interfaith Vespers

Third Sundays, 4:30 p.m.

Lounge

Bible Study

(sponsored by Govans
Presbyterian Church)

Tuesdays, 10 a.m.

Fireplace Room

Catholic Mass

(sponsored by St. Francis
Xavier Church)

Second Wednesdays, 10 a.m.

Stony Run Board Room

Episcopal Communion

(sponsored by Sherwood
Episcopal Church)

First Thursdays, 10:30 a.m.

Dining Room Flex Space

Conversations in Morals and Ethics

(sponsored by Towson
Unitarian Universalist Church)

Second Thursdays, 10 a.m.

Fireplace Room

Shabbat Service

Third Fridays, 7 p.m.

Fireplace Room

Paint and Pastels

Thursdays • 10 a.m. - noon

Lower Level Art Room

Cabaret Music and Dancing

Mondays: May 14 and June 11

7 - 8:15 p.m. Lounge

Everyone welcome

Hallowell and Taylor

Friday May 4, 11:00 a.m.

Hallowell Hall Cluster Meeting

Friday, May 4, 6:15 p.m.

Harp Music with Laura: Mother's Legacy

Wednesday, May 9, 3:00 p.m.

New Program

Dance and Movement with Misty

Monday, May 14, 2:30 p.m.

Broadmead, Hopkins and Peabody

Side by Side Singing Choir • Auditorium

Wednesday, May 16, 3:00 p.m.

Monthly Birthday Party with

Banjo Music by Jay Wachter

Thursday, May 17, 10:30 a.m.

"Eye on Spain" Taylor Hall

Travel Program with John Butler

Friday, May 18, 6:00 p.m.

Classical Guitar with Julien Xuereb

Monday, May 21, 10:30 a.m.

Taylor Hall Cluster Meeting

Friday, June 1, 11:00 a.m.

Hallowell Hall Cluster Meeting

Saturday, June 9, 3:00 p.m.

Rhythm and Motion Dance and Music Group

Monday, June 18, 10:30 a.m.

Taylor Hall Cluster Meeting

Wednesday, June 20, 3:00 p.m.

Monthly Birthday Party with

Music by Rearview Mirror

Sew and So

Wednesdays only

10 a.m. - noon Room S-215

443-578-8816

Freshly laundered items only

Volunteers needed!

Broadmead Movies Auditorium 7 p.m.

Tuesdays: Jim Logie

Saturdays: John DePrine and Bob Gist

Tuesday, May 1 | Cactus Flower

(Walter Matthau, Ingrid Bergman, Goldie Hawn)

A dentist pretends to be married to avoid commitment, but when he falls for his girlfriend and proposes, he must recruit his lovelorn nurse to pose as his wife.

1969 PG 1h 43min

Saturday, May 5 | No Movie, Kentucky Derby

Tuesday, May 8 | While You Were Sleeping

(Sandra Bullock, Bill Pullman, Peter Gallagher)

A hopelessly romantic Chicago Transit Authority token collector is mistaken for the fiancée of a coma patient.

1995 PG 1h 43min

Saturday, May 12 | The Greatest Showman

(Zac Efron, Hugh Jackman)

Behind the "Greatest Show on Earth" was the greatest showman, P.T. Barnum. This musical centers on Barnum's creation of the three-ring circus.

2017 PG 1h 45min

Tuesday, May 15 | Last Chance Harvey

(Dustin Hoffman, Emma Thompson, Kathy Baker)

In London for his daughter's wedding, a rumpled man finds his romantic spirits lifted by a new woman in his life.

2008 PG-13 1h 33min

Saturday, May 19 | No movie, Preakness

Tuesday, May 22 | The Thomas Crown Affair

(Pierce Brosnan, Rene Russo, Dennis Leary)

A very rich and successful playboy amuses himself by stealing artwork, but may have met his match in a seductive detective.

1999 R 1h 55min

Saturday, May 26 | Wonder

(Julia Roberts, Owen Wilson)

While his facial deformity prevented him from attending school earlier, upon entering the fifth grade, a courageous boy is determined to make his classmates see beyond his face.

2017 PG 1h 53min

Tuesday, May 29 | Shall We Dance

(Richard Gere, Jennifer Lopez, Susan Sarandon)

A romantic comedy in which a bored, overworked estate lawyer, upon first sight of a beautiful instructor, signs up for ballroom dancing lessons.

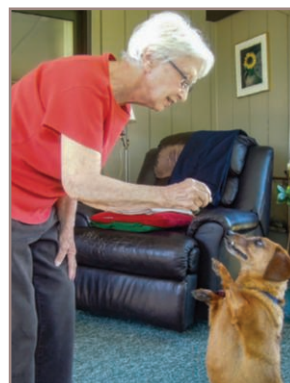
2004 PG-13 1h 46min

Maax the protector

By Sally Bloomer

Meet Maax Lee, the dachshund who belongs to Charlie and Anne Lee. The German name translates as "badger dog." If you walk them in the fields or woods, they go snooping around.

Maax is nearly ten years old. He weighed two pounds when the Lees' daughter gave him to her parents as a surprise and now weighs



about 20 pounds. She was relieved when Charlie and Anne agreed to adopt him since she was a busy student and mother. Maax visits Richard and Joyce Gilley almost daily. He knows where their treat box is and will sit up for the offered treat. Maax is an enthusiastic walker

and is ready, leash attached, when his resident dog walker appears.

Maax is, of course, devoted to his owners. Once when the dog walker came to pick him up, he wouldn't go. Charlie was out and Anne was alone. Who would protect her from intruders?

Old and New Shop

Weekdays 10 - 2 • Saturdays 11 - 1

Special Spring Opening

Collection of Treasures

Sunday, May 6, 1:30 - 3:30 p.m.

Broadmead Chorus

Fridays, 10:30 - 11:45 a.m. • Auditorium

All photos by Erroll Hay except: Bob Heaton, 4, 13 (left); Stacey Young, 11 (right); Angela Breakey, 13 (right), Sally Bloomer, 15.

Voice of the Residents

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Top: Bench and daffodils at the head of Dogwood Trail; **bottom:** Daffodils behind D-3.

Editorial Policy

The Voice is produced by and for the Broadmead Residents Association. It seeks to announce and report on activities at Broadmead and to carry news, features and photos of interest to residents. As its major goal is to promote a sense of community, The Voice does not publish criticism of individuals or the three organizational bodies that constitute Broadmead nor complaints about Broadmead affairs as there are established procedures for the resolution of internal problems. The Voice does not publish matters of a religious or political nature, except in the context of

a lecture report with attribution to the author of the opinion, nor submissions from outside media due to space limitations and possible copyright problems. Decisions about content as well as writing and photography assignments are made at meetings of the Editorial Board, usually held the first Wednesday of each month. Advance publicity about events should be submitted by the 12th of the prior month, and those assigned to report on events should submit copy of no more than 400 words by the 12th of the prior month or as soon thereafter as the editors specifically allow. All copy is subject to editing and cutting, and should be sent to voiceBRA@gmail.com.